

THINK KIDNEY DISEASE ISN'T SERIOUS?

DON'T KID YOURSELF.

Early detection and treatment help slow the life-changing effects of kidney disease. **Fact.**

Lack of awareness of the condition means people don't know the symptoms to look out for. **Fact.**

BUT DO YOU KNOW THE FACTS FROM THE FICTION?

MYTH:

"I DON'T LOOK UNWELL AND I FEEL FINE"

FACT:

You can look and feel fine with kidney disease, even in advanced stages, which is why it's called an 'invisible disease.'

MYTH:

"ONLY OLD PEOPLE GET KIDNEY DISEASE"

FACT:

It's a common condition affecting 1 in 10 people in the UK and can affect anyone at any time.

MYTH:

"PEOPLE WITH KIDNEY DISEASE CAN'T WORK"

FACT:

Many people with kidney disease have jobs. They might just require adjustments and will need time off for treatment.

MYTH:

"REGULAR DIALYSIS WILL SORT IT OUT"

FACT:

Dialysis keeps you alive but doesn't cure or slow disease progression. It can also be physically and mentally draining.

MYTH:

"KIDNEY DISEASE IS CURABLE"

FACT:

There is no cure for kidney disease.

MYTH:

"I'VE ALWAYS BEEN PHYSICALLY FIT"

FACT:

That's good but doesn't mean you can't be affected as it can be passed on through the family.



CHECK OUT THE MOST COMMON SYMPTOMS.

#KIDNEYSMATTER